



Medical History

Id#:

Acrostic: _____

Date:

Month

Day

Year

The following are some questions about your medical history. Some of the questions may refer to things that happened or began a long time ago, so please answer to the best of your knowledge.

Has a doctor ever told you that you had any of the following:

- | | Yes | No | Don't Know | |
|--|-----------------------|-----------------------|-----------------------|----------|
| 1 Emphysema | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | EMPHYS1 |
| 2 Asthma | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ASTHMA1 |
| 3 Arthritis | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | ARTHRIT1 |
| 4 Cancer | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | CANCER1 |
| IF YES → Which type? | | | | |
| a. Prostate cancer | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | PROSTCN1 |
| b. Breast cancer | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | BRSTCN1 |
| c. Lung cancer | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| d. Colon cancer | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | COLONCN1 |
| e. Non-melanoma skin cancer | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | NMSKNCN1 |
| f. Blood cancer (leukemia, lymphoma, or other) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| g. Other cancer | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | OTHCN1 |

IF YES → Specify

- | | Yes | No | Don't Know | |
|--|-----------------------|-----------------------|-----------------------|----------|
| 5 Rheumatic heart disease or heart valve problems? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | RHEUHV1 |
| 6 Blood clots in the lung or in the leg veins? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | BLDCLOT1 |
| 7 Liver disease? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | LIVERD1 |
| IF YES → Which type? | | | | |
| a. Cirrhosis | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | CIRRH1 |
| b. Hepatitis | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | HEPAT1 |

IF YES Which type of hepatitis? *Select all that apply*

- ☐ A ☐ B ☐ C ☐ D ☐ E ☐ Don't Know
- HEPTPA1 HEPTPB1 HEPTPC1 HEPTPU1

Medical History - 2

Id#:

Has a doctor ever told you that you had any of the following:

- | | Yes | No | Don't Know | |
|---------------------------------------|-----------------------|-----------------------|-----------------------|----------|
| 8 Kidney disease | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | KDNYDIS1 |
| 9 High blood pressure or hypertension | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | HIGHBP1 |

IF YES:

- | | | | | |
|--------------------------------------|-----------------------|-----------------------|-----------------------|--------|
| a. Are you taking medicine for this? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | BPMED1 |
|--------------------------------------|-----------------------|-----------------------|-----------------------|--------|

IF YES:

- | | | | |
|--|---------------------------------------|-------------------------------------|----------|
| b. At what age did you begin taking medications? | <input type="text" value="BPHXAGE1"/> | Don't Know
<input type="radio"/> | BPMAGEU1 |
|--|---------------------------------------|-------------------------------------|----------|

- | | Yes | No | Don't Know | |
|---------------------------|-----------------------|-----------------------|-----------------------|----------|
| 10 High blood cholesterol | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | HGHCHOL1 |

IF YES:

- | | | | | |
|--------------------------------------|-----------------------|-----------------------|-----------------------|----------|
| a. Are you taking medicine for this? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | CHOLMED1 |
|--------------------------------------|-----------------------|-----------------------|-----------------------|----------|

IF YES:

- | | | | |
|--|---------------------------------------|-------------------------------------|----------|
| b. At what age was this first treated? | <input type="text" value="CHOLAGE1"/> | Don't Know
<input type="radio"/> | CHLAGEU1 |
|--|---------------------------------------|-------------------------------------|----------|

- | | Yes | No | Don't Know | |
|------------------------------|-----------------------|-----------------------|-----------------------|---------|
| 11 Diabetes (sugar in blood) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | DIABET1 |

IF YES:

- | | | | | |
|--------------------------------------|-----------------------|-----------------------|-----------------------|---------|
| a. Are you taking medicine for this? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | DIABHX1 |
|--------------------------------------|-----------------------|-----------------------|-----------------------|---------|

YES → ☐ Insulin DBHXTYP1
☐ Pills

IF YES:

- | | | | |
|--|------------------------------------|-------------------------------------|---------|
| b. At what age was this first treated? | <input type="text" value="DBAGE"/> | Don't Know
<input type="radio"/> | DBAGEU1 |
|--|------------------------------------|-------------------------------------|---------|

- | | | | | |
|--|-----------------------|-----------------------|-----------------------|----------|
| c. Was insulin your first diabetes medicine? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | DBINSUL1 |
|--|-----------------------|-----------------------|-----------------------|----------|

- | | | | | |
|--|-----------------------|-----------------------|-----------------------|--|
| d. FOR WOMEN: Did diabetes occur ONLY during pregnancy? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
|--|-----------------------|-----------------------|-----------------------|--|

- | | |
|--|---------------------------------------|
| 12 What was your highest weight in the last 3 years? | <input type="text" value="HWT3YLB1"/> |
|--|---------------------------------------|

a*. What did you weigh at age 20?

b*. What did you weigh at age 40?

*Women: If you were pregnant at either of these ages, give your weight just BEFORE your pregnancy started.

Reproductive History

WOMEN ONLY -- MEN skip to Question #18

	Yes	No	Don't Know	
13 Have you ever been pregnant?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	PREG1
If Yes:				
a. Number of pregnancies				PREGN1
b. Number of live births				BIRTHN1
c. Age at first live birth				AGEBRTH1
14 Have you had a hysterectomy (surgery to remove your uterus/womb)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	HYSTRCT1
If Yes:				
a. At what age?				HYSTAGE1
15 Have you had surgery to remove your ovaries?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	OVAREM1
If Yes:				
a. At what age?				OVAAGE1
b. How many ovaries were removed?	<input type="radio"/> 1	<input type="radio"/> 2		OVAREMN1
16 Have you ever taken birth control pills?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	BCPILLS1
If Yes:				
a. Please estimate the total number of years that you took birth control pills (keeping in mind you may have started and stopped several times)				BPILLYR1
17 Have you gone through menopause (change of life)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	MNPAUSE1
If Yes → Skip to #17 D				
If No or Don't Know:				
a. Are you currently going through menopause?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	MENOP1
If Yes:				
b. Date of last menstrual period (if less than 12 months ago):				
	<div> <div></div> <div></div> </div> <div>/</div> <div> <div></div> <div></div> <div></div> <div></div> </div>			
	Month			Year
c. How many periods have you had in the last 12 months?				PRDSNUM1

d. At what age did you go through menopause? **MENOAGE1**

e. Have you ever taken hormone replacement therapy?

HRMREP1

☐ No → Skip to #18

☐ Yes → Continue with #17 F

f. Are you currently using hormone replacement therapy?

HRMREPC1

☐ Yes → At what age did you begin?

☐ No → At what ages did you take hormones?

Age started

Age stopped

HRMQAGE1

Which type of therapy were you on?

HRMTYP1

☐ Estrogen alone (like Premarin or Estratab)

☐ Estrogen with progestin (like Provera)

18 Do you ever get pain in either leg or buttock while walking?

Yes

No

LEGPAIN1

If Yes:

a. Does this pain ever begin when you are standing still or sitting?

☐

☐

LPREST1

b. In what part of your leg or buttock do you feel it?

LPCALF1

☐ Pain includes calf/calves

☐ Pain does not include calf/calves

c. Do you get it if you walk uphill or hurry?

Yes

No

N/A

☐

☐

☐

LPUPHL1

d. Do you get it if you walk at an ordinary pace on the level?

Yes

No

☐

☐

LPNORM1

e. Does the pain ever disappear while you are walking?

☐

☐

LPDIS1

f. What do you do if you get it when you are walking?

☐ Stop or slow down

☐ Continue on

LPSTOP1

g. What happens to the pain if you stand still?

☐ Relieved

☐ Not relieved

LPSTND1

If Relieved → How soon?

☐ 10 minutes or less

☐ More than 10 minutes

LPRELV1

h. Is this pain predominantly in the right side, left side, or in both legs?

☐ Right Side

☐ Left Side

☐ Both legs

LPLOC1

Medical History - 5

Id#:

- 19 Have you ever had swelling of your feet or ankles? (FOR WOMEN: other than during pregnancy?)
- | Yes | No | Don't Know |
|-----------------------|-----------------------|--------------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> SWLLFT1 |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> SWLLDAY1 |
- If Yes: a. Did it tend to come on during the day and go down overnight?
- 20 Have you had to sleep on two or more pillows to help you breathe?
- | Yes | No | Don't Know |
|-----------------------|-----------------------|--------------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> SLPPLLW1 |
- 21 Have you been awakened at night by trouble breathing?
- | Yes | No | Don't Know |
|-----------------------|-----------------------|-------------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> WAKEBR1 |
- 22 In the past two weeks, have you had any of the following:
- | Yes | No | Don't Know |
|-----------------------|-----------------------|--------------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> FEVER1 |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> COLDFLU1 |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> URININF1 |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> ALLRGY1 |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> BRONCH1 |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> SINUINF1 |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> PNEUMO1 |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> BLDGUMS1 |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> TTHINF1 |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> GOUT1 |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> ARTH2WK1 |
- 23 Approximately how many times have you been treated with antibiotics in the last year? (If you don't remember the exact number, please give us your best estimate.)
- ABNUM1 times ☐ Don't know NOAB1
- 24 Approximately how many times have you been treated with antibiotics in the last 5 years? (If you don't remember the exact number, please give us your best estimate.)
- AB5YNUM1 times ☐ Don't Know NOAB5Y1
- 25 Have you ever used aspirin on a regular basis?
- | Yes | No | Don't Know |
|-----------------------|-----------------------|--------------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> ASPIRIN1 |
- If Yes:
- a. At what age did you start? ASPSAGE1
- b. Are you taking aspirin now on a regular basis? ☐ ☐ ASPNOW1

Yes → How many days a week are you taking aspirin? ASPDAYS1

No → At what age did you stop taking aspirin? ASPEAGE1

Medical History - 6

Id#:

26 Has a dentist ever told you that you had periodontitis or gum disease? **Yes** **No** **Don't Know**
☐ ☐ ☐ GUMDIS1

27 Have you lost any of your teeth due to gum disease? ☐ ☐ ☐ LOSTTTH1

If Yes:

a. How many teeth have you lost? TTHNUM1

The following are questions about medical conditions that other members of your family may have had. Please answer to the best of your knowledge.

Have any of the following family members had any of the listed medical conditions (include blood relatives only):

28 **Parents** **Yes** **No** **Don't Know**
a. Heart attack? ☐ ☐ ☐ PMI1
b. Stroke? ☐ ☐ ☐ PSTK1
c. Amputation not due to a traumatic injury? ☐ ☐ ☐

29 **Siblings** (If you don't have any siblings, fill in "Not Applicable.") **Yes** **No** **Don't Know** **Not Applicable**
a. Heart attack? ☐ ☐ ☐ ☐ SHRTATT1
b. Stroke? ☐ ☐ ☐ ☐ SSTK1
c. Amputation not due to a traumatic injury? ☐ ☐ ☐ ☐

30 **Children** (If you don't have any children, fill in "Not Applicable.") **Yes** **No** **Don't Know** **Not Applicable**
a. Heart attack? ☐ ☐ ☐ ☐ CHRTATT1
b. Stroke? ☐ ☐ ☐ ☐ CSTK1
c. Amputation not due to a traumatic injury? ☐ ☐ ☐ ☐

For MESA Field Center Use Only:

Completed by: ☐ Self-Administered ☐ Interviewer-Administered

Interviewer ID:

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Reviewer ID:

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Data Entry ID:

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